



9 – CANPOWERSKATE POLICIES

Approved by VESC Executive on June 28th, 2018 and ratified by VESC members at the NEXT AGM (March 2019)

9. CanPowerSkate (Power Skating) Policies

- 9.1. All Power Skaters must complete a Registration Form and pay program fees before they are permitted on the ice.
- 9.2. To register in CanPowerSkate Level 1, skaters must have basic forward and backward skating skills (they must be able to skate the length of the rink using alternate strides) and are able to stop on command without the use of the boards.
- 9.3. For safety reasons, Power Skating participants should wear full hockey equipment that is CSA approved.
- 9.4. The Club will provide a registered CanPower Skate Canada Coach for all CanPowerSkate sessions.

THE VALLEY EAST SKATING CLUB

On the 28 day of June, 2018
(day) (month) (year)

Signed:

A handwritten signature in black ink, appearing to read 'Ron Rancourt', written over a horizontal line.

Ron Rancourt, President

June 28th, 2018

Date